



HUME NEWS

COUNCILLOR PETER HUME

ALTA VISTA—CANTERBURY—RIVERVIEW



Mark your calendar . . .

Councillor Peter Hume presents

Breakfast with Santa

Saturday December 6, 2008

8 - 10 am

*Canterbury Community Centre, Main Hall
2185 Arch Street*

2008 Free Flu Shot Clinics

Getting the flu shot is easy! Ottawa Public Health holds free flu shot clinics around the city. See below for upcoming clinics in our ward. The flu shot is free for persons 6 months of age and older who live, work or attend school in Ontario. **Please note:** Children 13 years of age and under must be accompanied by their parent or legal guardian.

The following people will not be immunized at Ottawa Public Health community clinics and are referred to their family doctor:

- People who have had a previous allergic reaction to influenza vaccine
- People with an allergy to eggs
- People with an allergy to thimerosal or formaldehyde
- People with a changing neurological condition
- People with a history of Guillain-Barré Syndrome
- People with a history of Oculo-Respiratory Syndrome



Meningococcal C vaccine for youth 12 to 21 years of age will be available at all flu shot clinics.

Wednesday November 12
3:30—8:30 pm
Ridgemont High School
2597 Alta Vista Drive

Saturday November 22
8:30—3:30 pm
Canterbury High School
900 Canterbury Avenue

Tuesday November 18
8-6 pm
Ottawa City Hall
110 Laurier Avenue West

Wednesday December 10
2:30—8:30 PM
Jim Durrell Recreation Centre
1265 Walkley Road

CANCER SURVIVORS PARK RIBBON CUTTING CEREMONY



Councillor Peter Hume, joined by members of the Ottawa Regional Cancer Foundation and former Mayor Bob Chiarelli, celebrates the grand opening of Alta Vista's new landmark *Cancer Survivors Park* at the September 24th ribbon cutting ceremony.

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